

Per 100 g.		
Calories	340	kcal
Moisture	10.9	g
Total Fat	2.0	g
Saturated	0.8	g
Unsaturated	1.1	g
Cholesterol	0	mg
Sodium	39.6	mg
Total Carbohydrates	74.4	g
Fiber	12.5	g
Sugars	0.4	g
Inc. Added Sugar	0	g
Protein	11.45	g
Ash	1.6	g
Vitamin A	8.8	IU
Vitamin B	0	mg
Vitamin C	0	mg
Vitamin D	0	mcg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	33.3	mg
Iron	5.3	mg
Magnesium	0	mg
Potassium	428	mg
Other (e.g., ethanol)	0	g