

Per 100 g.		
<b>Calories</b>	<b>339</b>	<b>kcal</b>
<b>Moisture</b>	<b>8.7</b>	<b>g</b>
<b>Total Fat</b>	<b>1.9</b>	<b>g</b>
<b>Saturated</b>	<b>0.4</b>	<b>g</b>
<b>Mono Fat</b>	<b>0</b>	<b>g</b>
<b>Poly Fat</b>	<b>0</b>	<b>g</b>
<b>Trans Fat</b>	<b>0</b>	<b>g</b>
<b>Unsaturated</b>	<b>1.0</b>	<b>g</b>
<b>Cholesterol</b>	<b>0</b>	<b>mg</b>
<b>Sodium</b>	<b>70.5</b>	<b>mg</b>
<b>Total Carbohydrates</b>	<b>74.9</b>	<b>g</b>
<b>Fiber</b>	<b>12.3</b>	<b>g</b>
<b>Sugars</b>	<b>0.4</b>	<b>g</b>
<b>Added Sugar</b>	<b>0</b>	<b>g</b>
<b>Protein</b>	<b>10.6</b>	<b>g</b>
<b>Ash</b>	<b>1.6</b>	<b>g</b>
<b>Vitamin A</b>	<b>8.7</b>	<b>IU</b>
<b>Vitamin B</b>	<b>0</b>	<b>mg</b>
<b>Vitamin C</b>	<b>0</b>	<b>mg</b>
<b>Vitamin D</b>	<b>0</b>	<b>mg</b>
<b>Vitamin E</b>	<b>0</b>	<b>mg</b>
<b>Vitamin K</b>	<b>0</b>	<b>mcg</b>
<b>Calcium</b>	<b>32.7</b>	<b>mg</b>
<b>Iron</b>	<b>5.2</b>	<b>mg</b>
<b>Magnesium</b>	<b>0</b>	<b>mg</b>
<b>Potassium</b>	<b>419</b>	<b>mg</b>
<b>Other (e.g., ethanol)</b>	<b>0</b>	<b>g</b>