

Per 100 g.		
Calories	392	kcal
Total Fat	11	g
Saturated Fat	0.3	g
Unsaturated	0.8	g
Trans Fat	0	g
Cholesterol	0	mg
Sodium	26.3	mg
Potassium	343	mg
Total Carbohydrates	69	g
Fiber	10	g
Sugars	9.5	g
Added Sugars	9.5	g
Protein	8.5	g
Water	8.8	g
Ash	1.2	g
Vitamin A	0	IU
Vitamin B	7.1	mg
Vitamin C	25	mg
Vitamin D	0	mg
Vitamin E	0	mg
Vitamin K	0	mcg
Calcium	107	mg
Iron	4.2	mg
Magnesium	0	mg
Potassium	344	mg
Other (e.g., ethanol)	0	g